

**Dubai World Obstacle Championship
FAQ 2024**

Dubai World Obstacle Championship 2024 - Frequently Asked Questions (FAQ)

Q: What is the Dubai World Obstacle Championship?

A: The DWOC is a premier obstacle course racing event from December 5–8, 2024, in Dubai. Hosted by Dubai Police and sanctioned by World Obstacle, it features certified courses of 100M, 1500M, 2500M, and 5000M, with a prize pool of 500,000 AED. Participants from around the world, both Elite and Age Group, will test their skills on challenging courses designed for all levels.

Venues, Parking, and Transportation

Q: Where are the events held?

A: The DWOC takes place across two venues:

1. **Dubai Police Officers' Club Stadium (Venue 1)** – hosting the 100M events.
2. **Dubai Design District (d3) (Venue 2)** – hosting cross-country events, including 2500M and 5000M races.

The venues are about 10–20 minutes apart. Plan travel accordingly if participating in events at both locations.

Q: Are there options for parking and transportation between venues?

A: **Free parking** is available at both venues. No shuttles are provided between venues, so participants are encouraged to arrange their own transport if racing at both locations.

Registration and Race Pack Collection

Q: What are the registration and bib pickup requirements?

A: Registration and bib pickup must be completed at least one hour before your assigned race time.

Q: How do I find my race number?

A: Race numbers are assigned on-site during race day registration. Please arrive at least one hour before your race.

Q: When and where is the Race Pack Collection?

A: Race Pack Collection takes place on race day at the entry of each venue. Bring your Emirates ID for verification. You may collect a friend's race pack by presenting their Emirates ID copy.

Q: What to do at the Race Pack Collection?

A: Show your Emirates ID at the Registration area to receive your race number and pack.

Q: What does the race pack include?

A: Each race pack contains:

- **Labeled Envelope** with essential race information.
- **Race Number Headband**

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- **Timing Chip**
- **Official Race T-Shirt** (to be worn on race day).
- **Drawstring Bag**
- **Bag Drop Voucher**
- **Wristband with Starting Time and Event Category** (required for starting corral entry).
- **Set of 3 Competition Wristbands** (used in the obstacle completion system).
- **Goody Bag**
- **Access to Live Results**
- **Finisher's Medal** (awarded to those who complete their race distance).
- **Cap, Water Bottle, Head Band, Additional Wrist Band**

Q: When is the T-Shirt Collection?

A: T-shirts are included in your race pack and collected on the event day. Wearing your race shirt on race day is encouraged.

Q: Can I change my race category or registration details after signing up?

A: Changes to race category or registration details may be possible up to one week before the event. Contact DWOC event support for assistance.

Course, Competition, and Participation

Q: What is the dress code or recommended attire for participants?

A: Wear athletic attire suitable for obstacle racing, including supportive footwear for sand and rugged terrain. **Federation Elite Athletes** will receive a custom-printed shirt with their race number, country, and name, provided by lululemon. Elite participants representing their country are required to wear this or their National Team Jersey.

Q: What happens if I fail an obstacle?

A: DWOC employs a **3-band system** for obstacle completion:

- **3 Bands:** Each participant starts with three bands and loses one band per obstacle failure.
- **Retries Allowed for non-hanging obstacles:** Participants are allowed to retry non hanging obstacles (walls etc.) to avoid losing a band. However, if they ultimately cannot complete the obstacle, a band will be removed.
- **No Retries Allowed for Hanging obstacles:** Participants are not allowed to retry hanging obstacles (rigs, rings, etc.) to avoid losing a band. If they ultimately cannot complete the obstacle the first time, a band will be removed.
- **Finishing Requirements:** Complete the race with one of the following:

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- All 3 bands intact (no penalty),
- 2 bands and 1 penalty loop, or
- 1 band and 2 penalty loops.
- **Penalty Loop:** Located just before the finish line.
- **All Bands Lost:** Participants will be marked as “Did Not Complete” (DNC) if all bands are lost.

Q: Are there practice heats for the 100M event?

A: Yes, **free practice heats** are available for the 100M course, allowing participants to familiarize themselves with the course. Advancement to Quarterfinals, Semifinals, or Finals requires qualification through initial heats. Monitor the leaderboard for updates.

Q: Will I be assigned a race time for the 100M?

A: Yes, assigned times and heats are provided to ensure smooth scheduling.

Q: How many obstacles are in each course?

A: Each race course features a set number of obstacles:

- **100M:** 12 obstacles
- **1500M:** 10 obstacles
- **2500M:** 20 obstacles
- **5000M:** 30 obstacles

Q: What is the terrain like on the cross-country courses (1500m, 2500m, 5000m)?

A: The terrain is sandy and moderately deep, providing a challenging environment for participants.

Q: Can I bring my own equipment for the obstacle course?

A: Personal gear such as gloves, hydration packs, and non-restrictive attire is allowed, but obstacles may not be modified. Elite participants should check with their National Federation for specific equipment rules.

Race Categories, Age Groups, and Awards

Q: What are the Race Categories?

A:

- **Participation Encouraged:** Participants are encouraged to enter multiple race distances.
- **National Team Race:** Exclusive to National Federation participants in a **3-person team format** (mixed gender teams allowed). Federations may enter multiple teams.

Athletes from any countries can be entered on a team in the national team race provided:

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1. The national team does not have enough athletes to make a full team
2. The race committee approves the athletes in consultation with the national federation
3. Countries are prohibited from adding athletes from other countries in an attempt to win. This is a violation of the guiding principle of the competition rules which are written to ensure fairness.
4. Elite national teams that add elite athletes from another country can compete but are ineligible for prize money.

- **Government-Private Team Race:** Open to government and private entities (private companies, gyms etc) in a **4-person team format** (all-male or all-female teams, no mixed teams). UAE ID is required for registration.

Q: What division should I race in?

A:

- **Elite Participants:** Compete for cash prizes but are **not eligible** for Age Group awards.
- **Open Category Participants:** Register for morning or afternoon time blocks and compete for Age Group awards, with exact heat times assigned at bib pickup. Check leaderboards during race days for eligibility.

Q: What are the Age Group Awards?

A: The top 3 male and female participants in each Age Group for non-Elite events receive awards. Participants must check leaderboards and attend Sunday's awards ceremony at the Stadium venue to collect their awards in person.

Q: What are the age groups and competitive categories for each race distance?

A: Age groups and competitive categories for each distance are based on World Obstacle standards. Here's the breakdown:

5000M Race Categories

1. **Elite Individual** (16+ years, Male & Female)
2. **Elite National Team** (16+ years, National Team of 3, Male & Female)
3. **Government-Private Team** (16+ years, Entity Team of 4, Male & Female)
4. **Age Group/Open** (16+ years, Male & Female):
 - **Junior:** 16-17, 18-19
 - **Senior:** 20-24, 25-29, 30-34, 35-39
 - **Masters:** 40-44, 45-49, 50-54, 55-59
 - **Veteran:** 60+, increasing by age to the oldest competitor

2500M Race Categories

1. **Elite Individual** (16+ years, Male & Female)

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2. **Age Group/Open** (10+ years, Male & Female):
 - **Youth:** 8-9, 10-11, 12-13, 14-15
 - **Junior:** 16-17, 18-19
 - **Senior:** 20-24, 25-29, 30-34, 35-39
 - **Masters:** 40-44, 45-49, 50-54, 55-59
 - **Veteran:** 60+, increasing by age to the oldest competitor

1500M Race Categories

1. **Youth Elite** (12-15 years only, Male & Female)
2. **Age Group/Open** (8-18 years, Male & Female):
 - **Youth:** 8-9, 10-11, 12-13, 14-15
 - **Junior:** 16-17, 18

100M Race Categories

1. **Elite Individual** (10+ years, Male & Female)
2. **Age Group/Open** (10+ years, Male & Female):
 - **Youth:** 10-11, 12-13, 14-15
 - **Junior:** 16-17, 18-19
 - **Senior:** 20-24, 25-29, 30-34, 35-39
 - **Masters:** 40-44, 45-49, 50-54, 55-59
 - **Veteran:** 60+, increasing by age to the oldest competitor

Q: What is the eligibility for Elite and Age Group awards?

A: Elite category participants are not eligible for Age Group awards, and Age Group participants are not eligible for Elite awards.

- **Elite participants** compete for cash prizes specific to the Elite category.
- **Age Group participants** compete within their respective age divisions for top placement and awards but are ineligible for Elite awards.

Participants must choose the category that best aligns with their goals, as eligibility for awards does not cross over between Elite and Age Group categories.

Q: Are the Elite races gated?

A: Yes, Elite races are gated, meaning that only qualified participants can enter:

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- **Eligibility:** Elite races are open to any participants within the age specified on the distance category, but participants are encouraged to reach out to their **National Federation** to compete for their country.
- **National Team Requirements:** For the 5000M Elite Team event, only official **National Federation-selected teams** are eligible, and all team members must be 18+.

This gating ensures that Elite races maintain high competitive standards, with athletes representing their countries in officially selected teams.

Q: How much does each event cost in the Dubai World Obstacle Championship?

A: Here's the pricing for each event category:

- **100m Elite Qualification:** AED 220
- **100m Open / Age Group Qualification:** AED 100
- **2500m Open / Age Group:** AED 125
- **2500m Elite Individual:** AED 300
- **5000m Open / Age Group:** AED 150
- **5000m Elite Individual:** AED 425
- **1500m Youth Elite Individual:** AED 300
- **1500m Open / Age Group:** AED 100
- **5000m Elite National Federation Team:** AED 800 per team
- **5000m Government / Private Sector Team:** AED 500 per team

Choose your event(s) and register based on the pricing that applies to your category.

Q: What are the prize categories?

A: Prizes are awarded as follows:

- **Elite Awards:** Cash prizes for the top three male and female Elite participants in each distance.
- **Age Group Awards:** Awards for the top three male and female participants in each age group for non-Elite events.
- **Team Awards:** Awards for the top three teams in both the National Team Race and Government-Private Team Race.

Note: Award winners must attend the Sunday ceremony to receive prizes.

Q: What are the cash prizes and age requirements for each category in the Dubai World Obstacle Championship?

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A: Here's the detailed breakdown of cash prizes for male and female participants in each category:

100 Meters (Ages 10+)

- **Elite Individual - Female**
 - **1st Place:** 35,000 AED
 - **2nd Place:** 20,000 AED
 - **3rd Place:** 10,000 AED
- **Elite Individual - Male**
 - **1st Place:** 35,000 AED
 - **2nd Place:** 20,000 AED
 - **3rd Place:** 10,000 AED
- **Age Group/Open (10+ years):** Medals only, no cash prizes for both male and female

1500 Meters (Youth Elite: Ages 12-15, Age Group/Open: Ages 8-18)

- **Youth Elite - Female**
 - **1st Place:** 5,000 AED
 - **2nd Place:** 2,000 AED
 - **3rd Place:** 1,000 AED
- **Youth Elite - Male**
 - **1st Place:** 5,000 AED
 - **2nd Place:** 2,000 AED
 - **3rd Place:** 1,000 AED
- **Age Group/Open (8-18 years):** Medals only, no cash prizes for both male and female

2500 Meters (Elite Individual: Ages 16+, Age Group/Open: Ages 10+)

- **Elite Individual - Female**
 - **1st Place:** 20,000 AED
 - **2nd Place:** 10,000 AED
 - **3rd Place:** 5,000 AED
- **Elite Individual - Male**

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- **1st Place:** 20,000 AED
- **2nd Place:** 10,000 AED
- **3rd Place:** 5,000 AED

- **Age Group/Open (10+ years):** Medals only, no cash prizes for both male and female

5000 Meters (Elite Individual, Elite National Team, Government-Private Team, Age Group/Open: Ages 16+)

Elite Individual (16+)

- **Elite Individual - Female**
 - **1st Place:** 35,000 AED
 - **2nd Place:** 20,000 AED
 - **3rd Place:** 10,000 AED

- **Elite Individual - Male**
 - **1st Place:** 35,000 AED
 - **2nd Place:** 20,000 AED
 - **3rd Place:** 10,000 AED

Elite National Team of 3 (16+)

- **Female Team**
 - **1st Place:** 22,000 AED (approx. 7,333 AED per person)
 - **2nd Place:** 10,000 AED (approx. 3,333 AED per person)
 - **3rd Place:** 6,500 AED (approx. 2,166 AED per person)

- **Male Team**
 - **1st Place:** 22,000 AED (approx. 7,333 AED per person)
 - **2nd Place:** 10,000 AED (approx. 3,333 AED per person)
 - **3rd Place:** 6,500 AED (approx. 2,166 AED per person)

Government-Private Team of 4 (16+)

- **Female Team**
 - **1st Place:** 22,000 AED (approx. 5,500 AED per person)
 - **2nd Place:** 10,000 AED (approx. 2,500 AED per person)

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- **3rd Place:** 6,500 AED (approx. 1,625 AED per person)
- **Male Team**
 - **1st Place:** 22,000 AED (approx. 5,500 AED per person)
 - **2nd Place:** 10,000 AED (approx. 2,500 AED per person)
 - **3rd Place:** 6,500 AED (approx. 1,625 AED per person)
- **Age Group/Open (16+ years):** Medals only, no cash prizes for both male and female

Q: What is the minimum age requirement for participation?

A: Minimum age varies by event category. Youth and Junior divisions have specific age brackets, while Elite categories may allow under-18 participants with National Federation and FISO approval.

Event Day Guidelines, Food, Safety, and Support

Q: What is the Race Day Program & Timings?

A: The full race schedule is available in the **Downloads section of the registration page** on the official DWOC website and is subject to change. Please arrive at least 60 minutes before your start time. Participants arriving over 15 minutes late will not be allowed to race.

Q: Are there food and drink options available on-site?

A: Yes, food vendors and hydration stations are at both venues. Personal water bottles are allowed, and hydration stations are placed along each course.

Q: What safety measures are in place?

A: DWOC has comprehensive safety protocols, including on-site medical support and first aid stations at each venue, staffed with medical personnel to assist as needed.

Q: What happens if weather conditions change?

A: The event proceeds in most weather conditions, but extreme weather (e.g., sandstorms) may prompt contingency plans, including possible rescheduling. Updates will be communicated to participants.

Q: Is there a lost and found service?

A: Yes, lost and found stations will be set up at both venues. Report lost items or inquire at the designated station.

Q: What are the support stations, and where are they placed?

A: Water stations are available throughout each course, with hydration at both the starting area and finish line.

Results, Photos, and Additional Information

Q: Where can I find my race results?

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A: Results are available by scanning QR codes in the Race Village. Final standings for Elite and Age Group categories will be confirmed by Sunday's awards ceremony. Live tracking and updates will be accessible on the official DWOC website and app.

Q: Where can I find the Race Photos?

A: Race photos will be accessible online 24 hours after the race by clicking the CAMERA icon on your results page. Use the bib or selfie search option. Photos are not guaranteed and are not included in the race fee.

Q: Are there rules or restrictions for filming and photography?

A: Participants and spectators are welcome to use personal cameras and phones. However, professional filming and drone use may be restricted. For details on media policies, please check the DWOC website.

Q: Any additional information participants should know about?

A: For complete event details, including rules, course maps, and the race schedule, visit the Event Downloads section on Premier Online or the DWOC website www.dubaiworldobstacle.com. Be sure to regularly check for updates to stay informed about event-specific guidelines.

Q: What is the policy on refunds and cancellations?

A: Refunds are not available once entries close or the event is sold out. This policy applies regardless of personal circumstances, including illness or travel restrictions. Unclaimed race packs will be forfeited.